Our Mission



To get help call any of our three locations

Merrillville: (219) 736-5990

• Hammond: (219) 933-7990

Valparaiso: (219) 548-9400

Fresh Start Counseling,

where counseling is tailored to assist clients in meeting their personal wellness goals, while maintaining the high standards of Counseling.

We are committed to client confidentiality, ethical behavior and a counseling practice.

Our Counseling Center's provide specialized psychosocial services designed to support the educational process of a culturally diverse population.